



## Calgary Triton's Parent Code of Conduct

Calgary Tritons Summer Swim Club is committed to ensuring that all participants/swimmers participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents have an enormous influence on a swimmer's experiences in the sport. It is important to recognize that the quality of a swimmer's experience is determined by their relationships with parents and the way parents conduct themselves within/around Calgary Triton's training and swim meet environments.

- a) All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication and mutual respect.
- b) Parents shall always model positive responsible behaviour and communicate with their son/daughter that they expect them to do the same. Parents will assume the major responsibility for their son/daughter's conduct and attitude.
- c) Parents shall treat all individuals and property with dignity, courtesy and respect. This includes but is not limited to swimmers, coaches, officials, volunteers, other parents, and all other individuals and facilities that are part of the club, Swim Alberta and Swim Canada.
- d) Parents shall refrain from any behaviour or comments which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- e) Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork to their son/daughter offering praise for competing fairly, participation and skill development.
- f) Parents shall model and encourage their son/daughter to maintain a healthy balance between swimming and life. (e.g., school, other activities, social life, etc.)
  - i. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, adherence to training regimen set by the coach(s), overall health, life-balance, and moral and emotional support.
- g) Parents shall set high, but reasonable expectations for their son/daughter's participation in swimming focusing on development and enjoyment for the child.
  - i. Parents shall encourage participation in All swim meets throughout the season and encourage training towards competitions as well as goals set at beginning of season.
- h) Parents shall instill confidence in their son/daughter's ability and skill development, always



avoiding comparisons with other swimmers. Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter.

- i) Parents shall ensure their son/daughter wears proper clothing and equipment.
- j) Parents shall never provide alcohol or drugs to minors in a Calgary Tritons environment. Parents shall never provide or advocate the use of performance enhancing drugs or substances.
- k) Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy.
- l) Parents will utilize Team Snap as the main communication tool with Coaches' to indicate:
  - i. Participation in Swim Meets at least 3 weeks prior to event. If no response is indicated within that time the swimmer will not be entered as a participant within the swim meet including all planned relays.
  - ii. Any responses listed as "Maybe" until the above deadline will be considered as "NOT ATTENDING".
- m) Parents shall respect that the professional coach is responsible and empowered for the development of the athlete. Understand and respect the coach and team philosophy.
  - i. Swimmer placements are determined by the Head Coach with no dispute – all decisions will hold. Any adjustments will be at the discretion of the Head Coach as they see fit for the swimmer's development for the season.
  - ii. Avoid confusing my child by coaching from the stands or off hours.
- n) All participants will gain an understanding of the 24 hour rule to deal with team complaints and adhere to it.
  - i. **24 hour rule:** All complaints/comments/questions are to be directed to the Vice President (VP) of the Calgary Tritons 24 hours **after** an event/situation has occurred with a detailed description of facts of events. The VP will determine the appropriate course of action and involvement of further Coach involvement and will schedule in-person meetings within 7 calendar days.
  - ii. If wanting to express an opinion, it will be done so in a face to face meeting and not through email or text messaging. Emails or texts with complaints will not be



entertained by Head Coach, Coaches or Board members. All must follow 24-hour rule.

iii. Coaches will be available for general questions or discussions after practices only.

Any concerns or conflicts must follow the above 24 hour rule procedures. Head coach and VP may get involved where necessary.

- o) Direct all comments and criticisms of other spectators, participants, officials, or board members in private and away from the players participating in the program. i. Refrain from expressing my opinion of the coaches or players in front of my own child.
- p) Parent's have read the CLUB PARTICIPATION POLICY, CLUB RELAY POLICY, and DISCIPLINE POLICY in the Calgary Triton's Handbook and agree to comply with the defined processes as detailed.

Parent/Guardian Signature:

Parent/Guardian Printed Name:

Child's/Participant Name(s):

Date: